



QCCA Limited
Queen's Crescent Community Centre
Maitland Park Gym
Fleet Community Centre

Monday	Time	Thursday	Time
Tai Chi for Women	10:00 – 11:00	Under 5's Drop in & Crèche	10:00 – 13:00
Chair Based Exercise Class (Women Only)	10:15 – 11:15	Adults Gym	10:00 – 14:00 16:00 – 17:00
CLAIT (IT Beginner's Class)	10:30 – 12:30	IT Drop In	10:00 – 17:00
IT Drop In	10:00 – 17:00	Reflexology for Seniors	09:30 – 12:00
Seniors Keep Fit	11:30 – 12:30	Tai Chi for Men & Women	10:30 – 11:30
Women Only Gym	10:00 – 12:00	Women Only Gym	14:00 – 16:00
Adults Gym	12:00 – 17:00	Older Peoples Advise with Age Concern (1 st Thursday of each Month)	11:45 – 13:15
Seniors Luncheon Club	12:00 – 13:30	Seniors Luncheon Club	12:00 – 14:00
Seniors Movie Club	14:00 – 16:00	Somali Super Maths Class	16:30 – 18:30
Youth Club	18:30 – 21:00	Youth Club	18:30 – 21:00
Tuesday	Time	Friday	Time
Under 5's Drop in & Crèche	10:00 – 13:00	Adults Gym	12:00 – 17:00
ESOL (English For Beginners)	10:00 – 12:00	IT Drop In	10:00 – 17:00
Adults Gym	10:00 – 14:00 16:00 – 17:00	Women Only Gym	10:00 – 12:00
Women Only Gym	14:00 – 16:00	Under 5's Drop in Crèche	10:00 – 13:00
ESOL English (Intermediate)	10:00 – 12:00	Chair Based Exercise Class (Women Only)	10:15 – 11:15
Seniors Luncheon Club	12:00 – 13:30	Seniors Luncheon Club	12:00 – 13:00
IT Drop In	10:00 – 17:00	Bait Al Aman Mosque - Jumma Prayer	13:15 – 15:00
Crossroads (Starts 4 Jan 2011)	16:00 – 19:00	Youth Club (GOAL)	18:30 – 21:00
Wednesday	Time	Saturday	Time
Under 5's Drop In & Crèche	10:00 – 13:00	Under 5's Drop in Crèche	10:00 – 13:00
Multimedia Suite Crossroads (Homework Club) Until 16 th of March	16:30-19:30	Councillors Surgery (1 st & 3 rd week /month)	10:00 – 11:00
ESOL (English For Beginners)	10:00 – 12:00	French Class - African Physical Training Organisation (Multimedia Suite)	12:00 – 14:00
IT Drop In	10:00 – 17:00	Arabic Language Class (KTCO) (Hall)	12:00 - 15:00
Women Only Gym	10:00 – 12:00	Sunday	Time
Adults Gym	12:00 – 17:00	Arabic Language Class (KTCO) (Hall)	10:00 - 13:00
Seniors Luncheon Club	12:00 – 14:00		
Seniors Bingo	14:00 – 16:00		
Youth Club - Weedington Road Play Centre (Under 13)	18:30 – 21:00		

Private bookings are available from 9am to 10pm depending on availability.
Queen's Crescent Community Centre is part of QCCA Limited.
Company Reg. No: 4253912 Reg. No: 4393769. Registered Charity No: 109 6655.



MORE ABOUT OUR CENTRES

Queen's Crescent Community Centre

It is one of the main centre Activities and sessions include educational programmes such as ICT and ESOL, gym, exercise classes, Luncheon club and Under 5's Drop In & Crèche.

Available to hire from £40 per hour.

Maitland Park Sports Centre

Multi sport venue with local gym offering kung fu, gymnastics, aikido, aerobics, multi-gym, five-a-side and indoor sports.

Available to hire from £25 per hour.

Peggy Jay Centre

This is a popular drop-in centre for children aged five and under and their parents and carers. It offers a variety of indoor and outdoor activities and play areas ideal for children's birthday parties. **Available to hire from £40 per hour.**

Fleet Community Centre

Programmes and sessions include Older Peoples Keep Fit, Young Peoples Club, Crèche (Bumps to One, Neal Songsters), Iyengar Yoga, Dance class. **Available to hire from £20 per hour.**

Other locations

Queen's Crescent Community Centre
45 Ashdown Crescent
London
NW5 4QE

telephone: 020 7267 6635
email: info@qcca.org.uk
website: www.qcca.org.uk

Peggy Jay Centre
Heathfield House
432 Archway Road
London
NW6 4JH
Telephone: +44 (0)20 7267 6635

Maitland Park Sports Centre
Maitland Park Villas
London
NW3 2ET

Emergency Contact Numbers
Ibrahim : 07852178901
Ahmed : 07944305561
Foyezur : 07939333581

Fleet Community Centre
The Old Launderette
Fleet Road
(Off Lawn Road) London
NW3 2QL