



Queen's Crescent Community Centre  
 45 Ashdown Crescent NW5 4QE  
 ☎ 020 7267 6635 - [www.qcca.org.uk](http://www.qcca.org.uk)

# Autumn Programme 2009

Monday	Time	Thursday	Time
Women Gym (Free)	10:00am – 12:00pm 04:00pm – 06:00pm	Under 4's Drop In (Free)	10:00am – 03:00pm
Womens Only Chair Based Exercise Class (H2)	10:15am – 11:15am	Women's Gym (With Crèche – morning) (Free)	10:00am – 12:00pm
CLAIT (CR)	10:00am – 12:00pm	IT Drop In (Free)	10:00am – 03:30pm
IT Drop In (Free) (IR)	10:00pm – 03:30pm	Seniors Knitting Club (H1)	11:00am – 12:00pm
Seniors Keep Fit (Free) (H2)	11:30am – 12:30pm	Queen's Crescent Community Café (H1)	12:00pm – 02:00pm
Adults Gym (Free)	12:00pm – 04:00pm	Adults Gym (Free)	12:00pm – 06:00pm
Queen's Crescent Community Café (H1)	12:00pm – 02:00pm	Beginners ICT Skills for mother with Crèche (CR)	01:00pm – 03:00pm
Seniors Movie Club (H1)	02:00pm – 04:00pm	Older Peoples Advise with Age Concern (1 <sup>st</sup> of each Month) (H1)	01:00pm – 03:00pm
Youth Club	06:30pm – 09:00pm	Table Tennis (H2)	04:00pm – 06:00pm
Tuesday	Time	Friday	Time
Under 4's Drop in & Crèche (H2)	10:00am – 03:00pm	Adults Gym (Free)	10:00am – 11:00am 01:00pm – 04:00pm
ESOL (English For Beginners) (CR)	10:00am -12:00pm	IT Drop In (Free)	10:00am – 03:30pm
Adults Gym (Free)	10:00am – 11:00am 01:00pm – 06:00pm	Mixed Chair Based Exercise Class (H2)	10:15am – 11:15am
Women Gym (Free)	11:00am – 01:00pm	Women Gym (Free)	11:00am – 01:00pm 04:00pm – 06:00pm
ESOL English (Intermediate) (IR) & (CR)	10:00am – 12:00pm 01:00pm – 03:00pm	Golden Oldies Club, Singing ( H1)	11.00am – 12.00pm
Queen's Crescent Community Café (H1)	12:00pm – 02:00pm	Queen's Crescent Community Café (H1)	12:00pm – 01:00pm
IT Drop In (Free) (IR)	12:45pm – 03:30pm	KT Mosque, Jumma Prayer (H)	01:15pm – 03:00pm
Somali Sup Maths Class (H1)	04:30pm – 06:30pm	NA Meeting (CL)	03:00pm –04:00pm
Wednesday	Time	Youth Club (Goal)	07:00pm – 10:00pm
Under 4's Drop In & Crèche (Free) (H2)	10:00am – 01:00pm	Saturday	Time
ESOL (English For Beginners) Tutor – Phil (CL)	10:00am –12:00pm	Somali Sup Maths Class (CR)	10:00am – 12:00pm
IT Drop In (Free) (IR)	10:00am – 03:30pm	Street Dance (H2)	10:30am – 12:30pm
Women Gym (Free)	10:00am – 12.00pm 04:00pm – 06:00pm	French Class - African Physical Training Org (CR)	01:00pm – 02:00pm
Adults Gym (Free)	12:00pm – 04:00pm	Cooking Sessions (Kitchen & H1)	11:00am – 02:30pm
Queen's Crescent Community Café (H1)	12:00pm - 02:00pm	Councillors Surgery (CL)	11:00am – 01:00pm
Seniors Bingo (H1)	02:00pm – 04:00pm	Arabic Language Class (KTCO)	12:00pm -03:00pm
Table Tennis (H2)	04:00pm – 06:00pm	Sunday	Time
Youth Club (Under 13) Weedington Road Play Centre	06:30pm – 08:30pm	Arabic Language Class (KTCO)	10:00am -1:00pm
<b>We also have halls for halls and rooms for hire, rates start as little as £20 Per hour</b>		Email: <a href="mailto:zahra@qcca.org.uk">zahra@qcca.org.uk</a>	<b>UPDATED 1/10/09</b>
<b>ANY IDEAS? TELL US!</b>		<a href="mailto:rukib@qcca.org.uk">rukib@qcca.org.uk</a>	