FOREVERYOUNG.

December 2018 Calendar

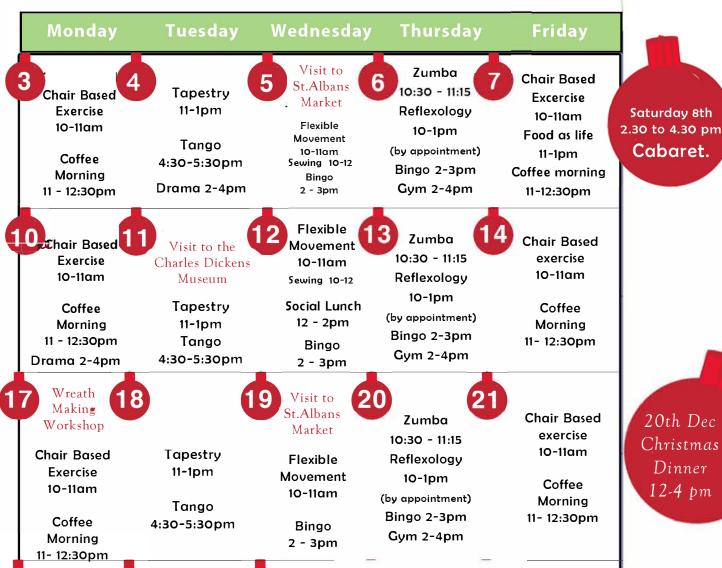








The Henr**y** Smith Charity



Wishing you a wonderful Holiday and a Happy New Year from everyone at Queens Cresent Community Association!



*QCCA re opens on 3rd January 2019

20th Dec Christmas Dinner 12-4 pm

Cabaret.

Christmas Outings: (please confirm attendance with Mary)

Visit to St. Alban's Christmas market: by minibus, meet at QCCA at 10 am and return at 4 pm.
Cost: £4.00

The St Albans Christmas Market is being hosted within Meraki Christmas Festival, so not only will you be able to shop for unique hand-made goods from picturesque wooden chalets, enjoy all the fun of a winter wonderland

Visit to Charles Dickens Museum: Tuesday 11th December in Doughty Street, WC1. Meet at QCCAat 10 am and return at 2 pm
Cost: £2.00

This exhibition invites visitors to experience the house as either a servant or a guest, with puzzles, smell jars and soundscapes to engage all the senses. You will discover how a dinner party might be prepared and what Dickens and the people in his life had to eat.

Christmas Dinner:

Thursday 20th December - 12-4 pm

Come and join us for a traditional Christmas dinner with all the trimmings. Cost: £7.50

Please confirm your attendance with Mary by Friday 14th December

Christmas Wreath Making Workshop:

Learn how to make your own Christmas Wreaths with community gardener, Lucy Caithness. All materials will be provided.

Bingo: Always busy, always fun. Our longest-running service draws in a regular crowd and friendly competition. Come down and try your luck! Wednesday: £1.50 Thursday: £6.50

Cabaret: Come and join us in a fun afternoon of music, performance, and sing along down memory lane. **FREE**

Coffee Morning: All welcome to drop by for tea, coffee and a chat. **FREE**

Flexible Movement Exercises: Stretch and tone your body in this fun class with Azmal. Chair and non-chair based exercises. Cost: £1.00

Food as Medicine: Topics include raw food preparation, recipes and much more...

Reflexology: Why not pamper your feet and try a reflexology treatment for 30 minutes to relax? Reflexology can improve circulation, revitalize energy and cleanse the body of toxins and impurities. By appointment only; Please Contact OCCA: **FREE**

Sewing Class: Develop your sewing and pat-tern-cutting skills in this friendly class. Cost: £2.00

Scribes and Thespians Drama Group: If you like to write or act, then this is the group for you. **FREE**

Social Club: Music, botcha and board games, come and join us for a fun afternoon. **FREE**

Social Lunch: Great food, warm company and stories from all walks of life. Chef Nureen treats you to a delicious 2-course lunch: £3.00

Tango Classes: Tuesday 4th, 11th and Tuesday 18th December, **4.30 – 5.30 pm**

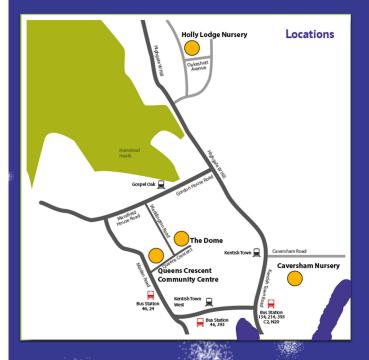
Have you always wanted to learn the tango, now's your chance. All levels welcome, also suitable for complete beginners.

Cost: **£2.00**

Tapestry: Learn the basics of tapestry with dedicated tutors Eliot and Sarah from Stitch Me. All materials provided: Please confirm attendance £2.00

Zumba: Get fit with this energetic class that combines dance and fitness moves to Latin rhythms: **FREE**





Queens Crescent Community
Association

45 Ashdown Crescent Association London NW5 4QE

> Monday - Friday 10am- 6pm

Contact: mary@qcca.org.uk 02072676635